

SWGA Covid-19 regulations for attending field meetings 2020

- It is every member's responsibility to comply with the Welsh Government's Covid-19 regulations and guidelines while attending any field meeting.
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- If anyone is feeling unwell they should **not** attend a field meeting and should notify the Meetings Coordinator of their non-attendance.
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- Prior to the commencement of each field meeting each attendee should confirm their contact details with the Meetings Coordinator.
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- Social distancing must be maintained at all times from other members on the field meeting, unless part of your 'bubble', as well as any members of the public that are encountered during the excursion.
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- If a member suffers any symptoms within 7 days of the field meeting attended, they need to notify programmes@swga.org immediately and request a Covid-19 test. If the test proves positive for Covid-19 infection they should notify the Group so that track-and-trace can be instigated.
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- Members may wish to consider wearing gloves to avoid cross contamination on any stiles and gates that are encountered on the excursion but these are not mandatory.
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- The wearing of face masks is optional, unless the regulations change in the future to make them mandatory. However, it is advisable to carry one with you in case of any unforeseen circumstances that may require assistance from other members whilst on the excursion.
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- If other people are encountered on a path space should be made for social distancing to allow them to pass even by backtracking if necessary.
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- Before eating or drinking hands should be sanitised with an alcohol-based sanitiser.
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- When using a camera or phone it is recommended to first remove any potentially contaminated gloves (if applicable), take the photo, store the camera/phone, and replace the gloves and sanitise.